

Supplementary Table 1

Monthly percentile summaries for B vitamin concentration in human milk

Web-ready card layout with a UC Davis-inspired blue palette

Choline • mg/L							
Age	P05	P10	P25	P50	P75	P90	P95
4-17 d	49.4	67.9	95.2	122.1	150.0	181.6	207.0
18-31 d	49.5	67.6	94.2	120.2	147.1	177.6	201.9
1-2 m	49.2	66.7	92.2	116.9	142.4	171.1	194.0
2-3 m	47.8	64.5	88.6	111.9	135.8	162.5	183.7
3-4 m	45.2	61.5	85.0	107.8	131.1	157.0	177.5
4-5 m	41.5	57.6	81.5	104.7	128.5	154.8	175.6
5-6 m	36.9	52.9	77.6	102.0	127.1	154.8	176.5
6-7 m	32.3	48.2	73.8	100.0	127.0	156.8	180.1
7-8 m	28.3	43.8	70.4	98.3	127.4	159.6	184.6
8-8.5 m	25.8	40.9	67.8	97.0	127.6	161.4	187.7

Source: uploaded supplementary table. Values preserved as provided.