

# Supplementary Table 1

Monthly percentile summaries for macronutrient concentration in human milk

Web-ready card layout in a UC Davis-inspired blue palette

| Carbohydrate • g/L |      |      |      |      |      |      |      |
|--------------------|------|------|------|------|------|------|------|
| Age                | P05  | P10  | P25  | P50  | P75  | P90  | P95  |
| 4-17 d             | 58.6 | 62.5 | 66.9 | 70.1 | 72.5 | 74.7 | 76.3 |
| 18-31 d            | 58.8 | 62.7 | 67.1 | 70.1 | 72.4 | 74.6 | 76.3 |
| 1-2 m              | 59.3 | 63.1 | 67   | 69.6 | 71.6 | 73.7 | 75.5 |
| 2-3 m              | 59.6 | 63.1 | 66.7 | 68.9 | 70.7 | 72.9 | 74.8 |
| 3-4 m              | 59.5 | 63   | 66.5 | 68.7 | 70.6 | 72.9 | 75   |
| 4-5 m              | 59.2 | 62.8 | 66.4 | 68.8 | 70.8 | 73.2 | 75.6 |
| 5-6 m              | 58.7 | 62.4 | 66.2 | 68.8 | 71   | 73.7 | 76.3 |
| 6-7 m              | 58.1 | 61.9 | 65.9 | 68.6 | 71.1 | 74.2 | 76.9 |
| 7-8 m              | 57.4 | 61.2 | 65.4 | 68.4 | 71.1 | 74.5 | 77.5 |
| 8-8.5 m            | 56.8 | 60.8 | 65   | 68.2 | 71.1 | 74.7 | 77.9 |

Source: uploaded supplementary table. Values preserved as provided.